

Connecting	Stretching	Transferring	
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Topic: 1b How We Learn	Activity: The Hidden Apple
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**What you
are trying to
achieve ...**

Students appreciate that:

- There are learning behaviours that all learners use when coping.
- 'Being stuck' is a good place to start learning.
- There is a language that will help us understand how we learn.

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Set up the Learning Challenge

- Place the two chairs about 6 metres apart, and put the apple under the bin, midway between the chairs. Place newspaper, etc. next to each chair.
- Invite two participants to sit on the chairs facing each other. Explain that they are stuck in these positions.
- **Challenge: Find out what is beneath the bin, capture it and share it equally.**

Brief observers

They will notice what people do when they are stuck.

Chart observations and invite more from the group

Divide flipchart or whiteboard into four areas without labelling.
Keep 4 R's in your head and record responses in suitable 'R' areas.
Add Resilience, Resourcefulness, Reciprocity, Reflectiveness labels
to the areas and talk about these learning dispositions.

Extend into Linking Ideas

Print or show Linking Ideas.

Use as plenary discussion material or individual / group exercises

Things you will need to provide	Things to Try ...
Apple Bin Two chairs Assorted newspapers Sellotape String Scissors	Invite two members of staff to take on the challenge.

