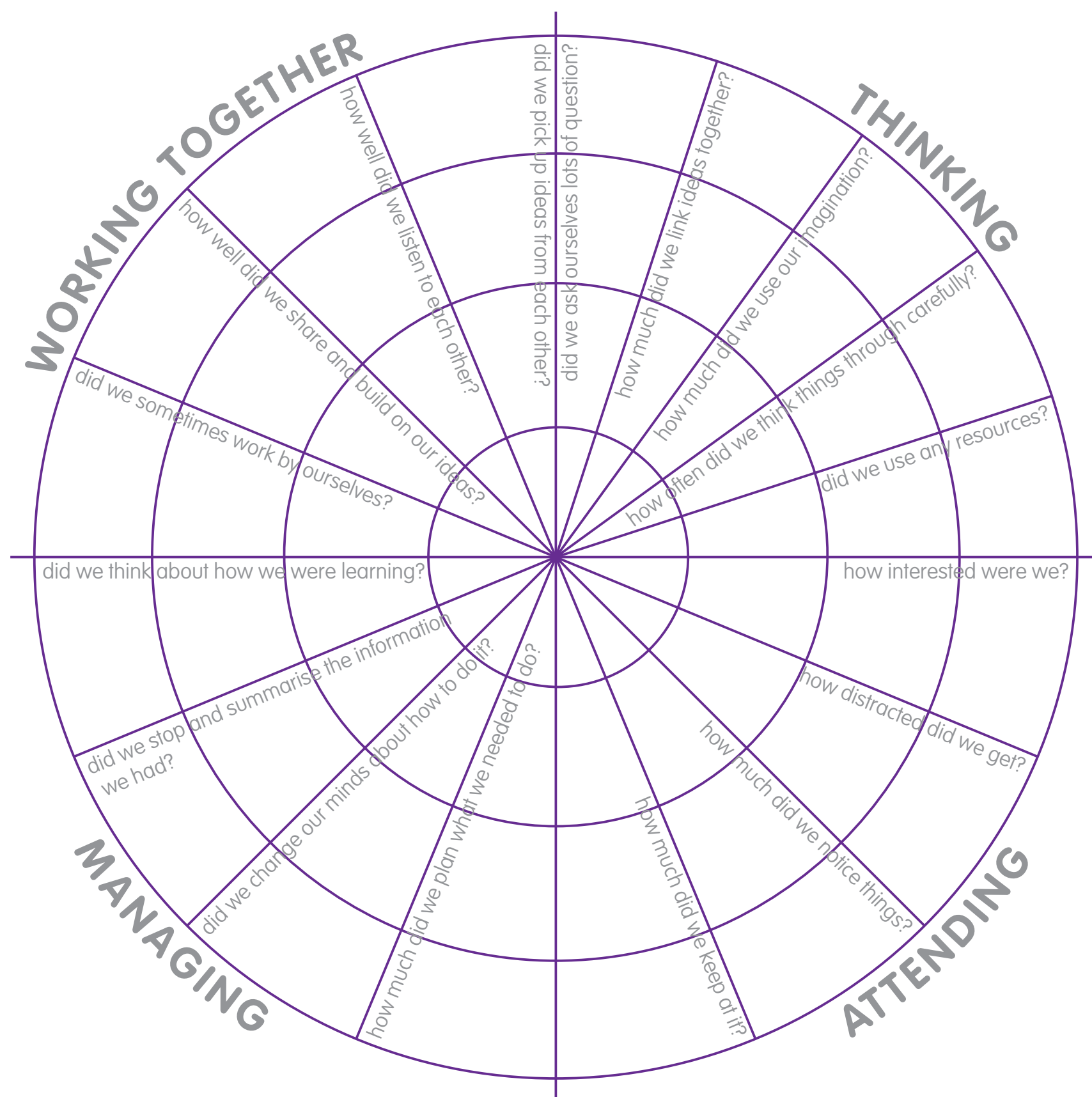


Rating the Learning Stretch



Colour in each segment to show how much you used each learning muscle.

The closer you colour to the outside ring the more you think you used the muscle.