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Connecting

Stretching

Transferring

Topic: 2e Perseverance

Activity: Origami

What you are trying to achieve ...

Students recognise that keeping on with a challenge helps them to understand things better.

Set up the Learning Challenge

The task is demanding and will lead to frustration and the tendency to give up and stop trying — how does this feel and how do we break through? Show a completed origami shape:

"Everyone can make one of these if they persevere."

Hand out learning challenges and paper for origami.

Pairs or individuals

5–10 minutes

Encourage Coaching

Invite those who have completed the shape quickly to coach those who didn't. They cannot tell the others what to do — use coaching phrases such as

- "What are you trying to achieve?"
- "What would happen if you ...?"
- "What do the instructions say next?"

Debrief Through Discussion

- "How did you feel when you were making the shape?"
- "Who wanted to give up?"
- "What made you give up?"
- "Did you find yourself saying 'I'm no good at ...'?"

Record the answers.

• "What did it feel like to see some people doing it quickly?"

Record answers.

- "Who completed the shape?"
- "What made you keep going?" [E.g. could see the goal, someone helped.]
- Explore further with the group what makes us give up, what helps us keep going?

Extend in to Linking Ideas

Print or show Linking Ideas and move into those activities.

Hints and tips

Remember — being stuck is a good place to be.

Don't praise success — accept it.

Don't see non-completion of a task as failure.









Connecting Coaching Notes

2e Perseverance

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