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Connecting	Stretching	Transferring	
Topic: 4a About Reciprocity		Activity: Making Omelettes	

What you are trying to achieve ...

Students recognise that working in a reciprocal way involves a range of interdependent and collaborative skills.

Set up the Learning Challenge

Pairs, plus third student acting as observer.
Challenge: **Demonstrate how to make an omelette as on a TV cookery programme.**
Provide students with a written description of the process — allow them to see it for 2 or 3 minutes only (see Resource).
One students sits facing forward with arms linked behind the back of the chair, the other crouches behind and puts arms through to the front thus providing the arms to the others’ body. The ‘arms’ person’s head remains hidden so as not to see what is happening in front.
The seated person explains how to make an omelette while the ‘arms’ provide the physical demonstration.
The observer watches how closely the two team members are ‘in sync’ and how closely they followed the description of the process, and feeds back at the end of the demonstration.
Repeat the activity with roles reversed.

Debrief and Discuss

“What skills did you see when working together?”
“What helped you to work ‘in sync’?”
“What hindered your ‘chef’ performance?”
“What could you do that would improve your performance?”

Extend Through Linking Ideas

Print or display on whiteboard.

Things to Try ...

Group of three selects another activity to be demonstrated in similar style with roles exchanged.

Coaching Notes

Linking Ideas


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