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Connecting	Stretching	Transferring	
Topic: 5a About Reflectiveness	Activity: The Face in the Mirror		

What you are trying to achieve ...

Students can

- Identify qualities of those who are good at reflecting.
- Realise that knowing yourself is a key quality for a reflective person.

Set up the Activity

Divide students into pairs.

Provide one copy of the learning challenge for each pair.

Challenge: Find possible missing words and explore the questions on reflection.

- In what ways is the author a reflective person?
- How well does he know himself?
- What does he think of himself?
- What has he learnt about himself as he has grown older?

Debrief and discuss

Reflective people often plan what they are going to do, distil the main points from their experience, make revisions and move on, and — above all else — understand themselves as learners.

Extend using Linking Ideas

Print or display Linking Ideas.

Discuss aspects of reflectiveness.

Work through the various activities.

Coaching Notes

Learning Challenge

Linking Ideas


BLP
www.blp.uk.com

Connecting	Coaching Notes	5a About Reflectiveness	5a-C-Reflective-CN.pdf	0701
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