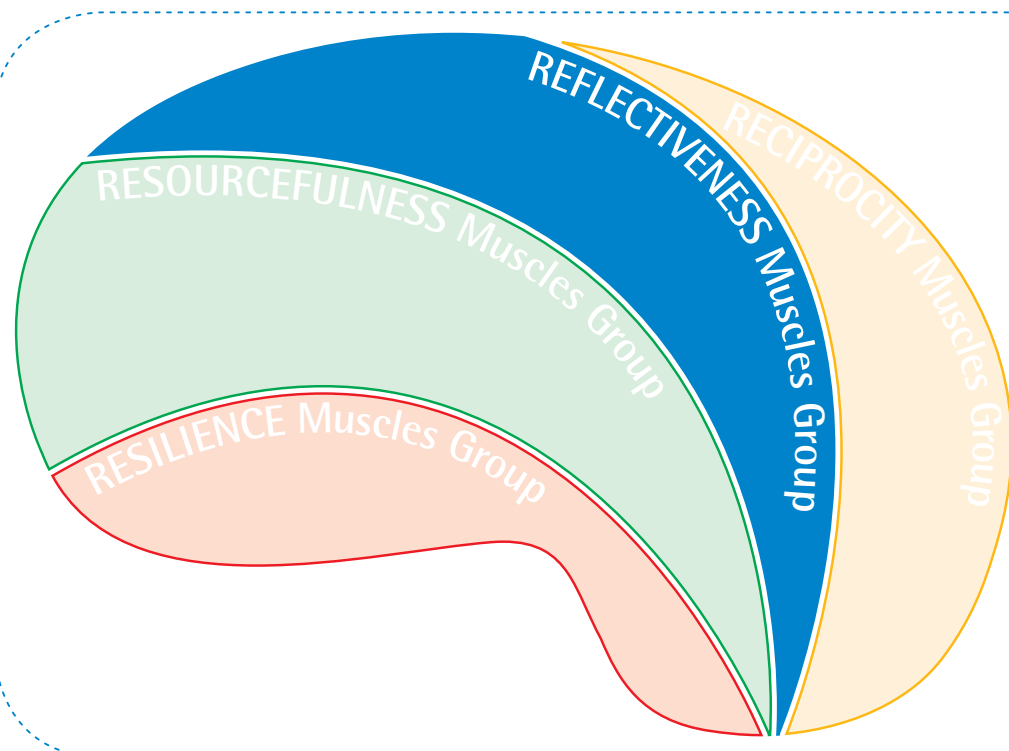


Linking Ideas — About Reflectiveness



Reflectiveness

Being ready, willing and able to become more strategic about learning

Planning

- working learning out in advance

Revising

- monitoring and adapting along the way

Distilling

- drawing out the lessons from experience

Meta-learning

- understanding learning, and yourself as a learner

What do we mean when we say ...

“

I'll have to sleep on it.

With hindsight.

Having thought about it ...

I'll have to give it some thought.

”

Think about some circumstances when it pays to be reflective — in school and out of school.

List the problems that could arise for someone who wasn't reflective ... as a carpenter ... a hairdresser ... an ice-skater.

