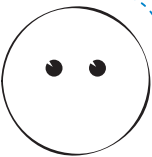


My Learning Log: Distilling



How I got on in practising distilling

Describing a place or a person



Giving directions



Summarising a discussion



Recounting a story



Memorising main points from a lesson

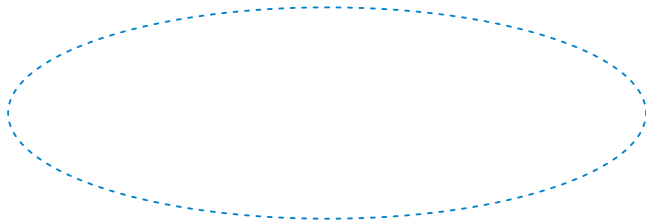


Something else

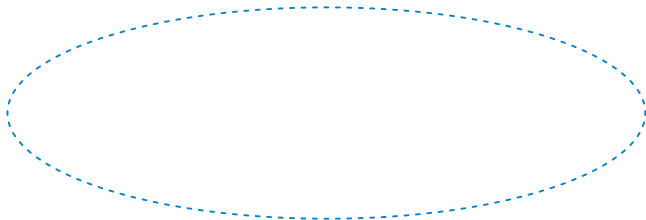


I've noticed these people distilling

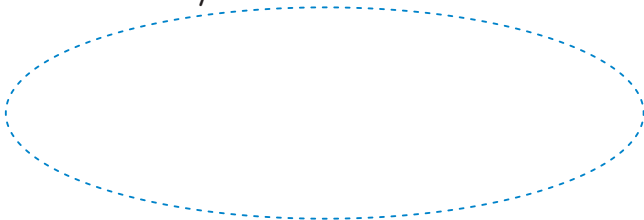
Teacher



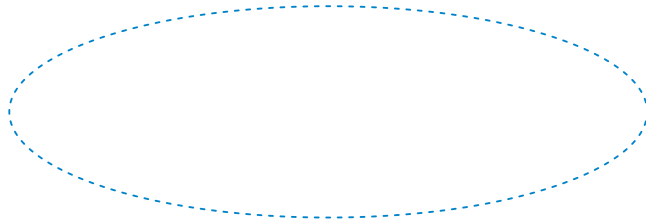
Friend



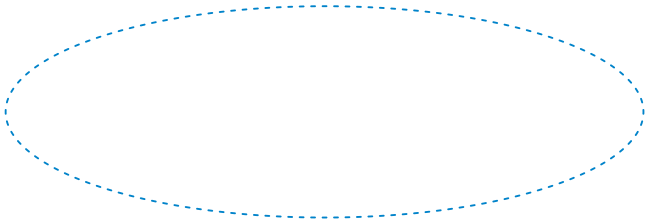
Family member



TV interviewer or interviewee



Other



What I've learned about myself and distilling

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