

# Me-Learning (Meta-Learning) - Take it steady!

Think about how and when you might:

## Stop/avoid:

- Talking mostly about content and knowledge
- Telling students what they did and how they did it
- Using review points to only check what has been learned
- Doing the reflection for them
- Prioritising content over process

## Experiment with:

- Planning, constructing and delivering the learning with students
- Encouraging students to keep their own learning log
- Having students construct help cards for other students
- Enabling students to set their own targets for development as a learner
- Encouraging students to see how developing successful learning behaviours contributes to and enhances content understanding

## Start/do more of:

- Introducing and using the school's language for learning
- Talking about the process of learning
- Drawing attention to how students are learning
- Using students as 'learning detectives'
- Infusing learning behaviours into lesson objectives

## Start slowly:

- Building reflection on the learning process into review points
- Recording key learning moments and achievements
- Using online self-assessment tools to help students to identify their own key areas for learning development
- Asking 'what will you do to find that out?'
- Encouraging students to explain how they are learning using the school's learning language