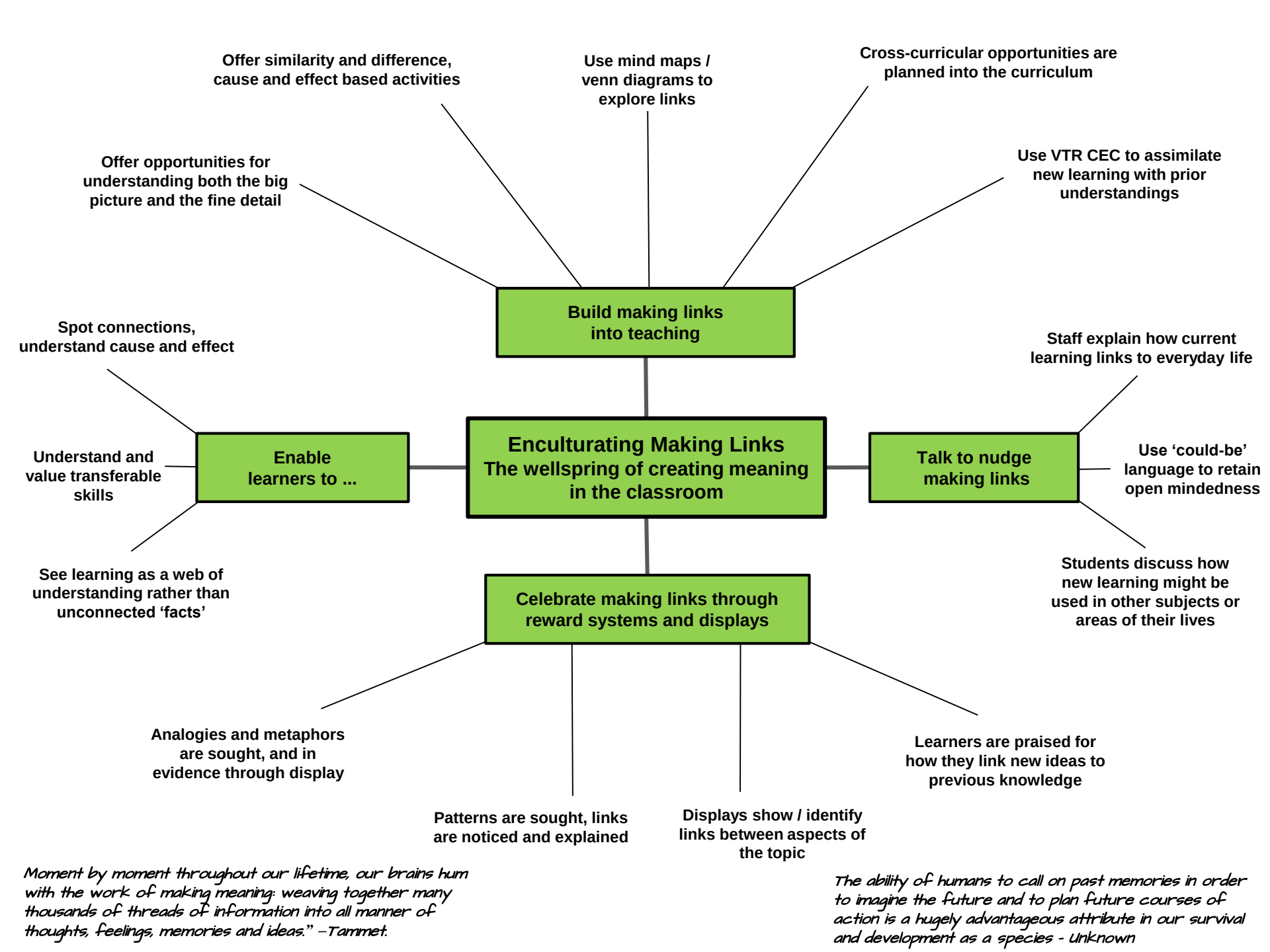

Moment by moment throughout our lifetime, our brains hum with the work of making meaning: weaving together many thousands of threads of information into all manner of thoughts, feelings, memories and ideas." –Tammet.

The ability of humans to call on past memories in order to imagine the future and to plan future courses of action is a hugely advantageous attribute in our survival and development as a species - Unknown