Spot yourself Revising. How much do I . . . . . ?

	A lot	Sometimes	Never
Monitor how things are going	☐	☐	☐
Keep an eye on the end goal	☐	☐	☐
Expect the unexpected	☐	☐	☐
Re-shape, re-order, re-form plans when I need to	☐	☐	☐
Look out for new, unforeseen opportunities and ideas	☐	☐	☐
Look at what I am doing with a critical eye	☐	☐	☐
Strive to do the best I can do	☐	☐	☐
Make sure things are on track and make improvements along the way	☐	☐	☐
Check over what I have done with a critical eye	☐	☐	☐
Ask myself how I might make it better next time	☐	☐	☐