

Spot yourself Persevering. How much do I . . . ?

	A lot	Sometimes	Never
Use my teacher's suggestions to get myself unstuck	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tackle things that I think might be tricky	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Stay positive even when I am finding it hard	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Think about why I am getting stuck	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Take time to think about how I overcome any difficulties	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Think about the mistakes I make and why I make them	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Use feedback to help me to improve	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Make sure that I get the job done, whatever it takes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Avoid being discouraged by setbacks or criticism	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Employ a wide range of strategies to deal with any difficulties I face	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>