Teachers role modelling being a learner

Managing distractions

Sharing—at the end of the lesson—the distractions that you had to manage during the lesson & how you did this.

Absorption

Sometimes explaining that you intend to get stuck into a book of your own and asking the class to get on with their own reading without interruptions.

Perseverance

Talking about examples of things that you are finding difficult and sharing the strategies you are using to keep going.

Making links

Explicitly making links between something being learned in class and its use in your own life and in the lives of your pupils outside school.

Imagining

Sharing how you are improving a skill (e.g. badminton) by practising it in your mind's eye.

Noticing

Talking about what you have noticed about...

Coming to work to work that day

Planning

Sharing lesson plans—the intentions, the shape, the time it may take. Explaining what you took into consideration in working it out.

Revising

Sharing how you have revised the planned course of a lesson and what made you do that.

Empathy

Responding to the feelings and ideas being expressed with sympathy and understanding.

Listening

'I think I have understood what you are saying. Let me try to summarise what you said.'

Questioning

Actively enjoying not knowing the answers to some questions and creating a focus on questions to which no one in the class yet knows an answer.